



## LUNCH

### FALL/WINTER 2012

We use local and organic products as much as possible such as Grand Central Bakery Breads and local, organic greens and vegetables. We use Fulton natural Turkey breast, Draper Valley chicken breast, Cascade Natural roast beef, Sweet Briar Farms pork, Hill Farms ham and Daily bacon. For packaging, we use compostable paper ware, wrapping and utensils.

#### PACKAGES

**Full sandwich & side 12.75**

**Full sandwich, side, & dessert & drink 14.25**

**Demi sandwich & side 10.50**

**Demi Sandwich, side & dessert 12.25**

**1/2 Sandwich, soup, side & dessert 13.75**

\*choice of 3 sandwiches for your group

\*add 1.00 for boxed

\*add 1.00 for gluten free bread

\*add .50 for gluten free sweet treat

#### SANDWICHES

##### **TEMPEH, LEMON, TOMATO** (VEGAN)(DAIRY FREE)

tempeh bacon, sun-dried tomato pesto, greens and  
vegan lemon aioli

##### **GRILLED BUTTERNUT SQUASH** **SANDWICH (VEGETARIAN)**

with caramelized onions and blue cheese cream cheese

##### **SACRED SEA ALBACORE TUNA SALAD** **SANDWICH (ADD 1.00)**

with local lettuce and pickled onion

##### **GRILLED ROSEMARY CHICKEN SANDWICH**

with sun-dried tomato pesto, provolone and rosemary  
aioli

#### SANDWICHES CON'T

##### **ROAST BEEF SANDWICH**

Cascade Natural Angus roast beef, organic white  
cheddar, light horseradish cream, lettuce and sun-dried  
tomato

##### **MUFFALETTA**

Hill Farms ham, salami, provolone and olive relish with  
red wine vinaigrette

#### SIDES

**3.50**

##### **ROASTED LOCAL POTATO SALAD**

local and organic potatoes, roasted with fresh herbs and  
tossed in a house vinaigrette with crunchy carrot and celery

##### **CREAMY LOCAL POTATO SALAD**

local and organic potatoes, hardboiled egg, celery, pickled  
red onion and Best Foods mayo (not so local, but required!)

##### **ARTEMIS ORGANIC GREEN SALAD** **(SAUVIE ISLAND ORGANICS)**

Sauvie Island Organics, seasonal vegetables,  
balsamic vinaigrette

##### **LUNDBERG FARMS COUNTRY BROWN** **AND WILD RICE SALAD**

delicious blend of wild, black and brown rices, GMO free,  
nutty, sweet and whole grain, tossed with dried fruit, greens  
and vinaigrette

##### **ORGANIC PASTA SALAD**

organic pasta with seasonal garnish

##### **KETTLE BRAND POTATO CHIPS BAGGED**

local and sustainable chips, bagged **1.75**



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#### DESSERT

2.00

##### ASSORTED COOKIES

chocolate chip, oatmeal raisin, ginger molasses

##### SEASONAL FRUIT BAR

shortbread cookie crust, topped with oatmeal crisp

##### ARTEMIS ORGANIC BROWNIES

dense and decadent with organic cocoa powder, cage free eggs and organic cane sugar

##### VEGAN SWEET TREAT

vegan sweet treat will be chef's choice - we have several really yummy ones!

##### HOUSEMADE GLUTEN FREE COOKIE 2.50

flavor will be chef's choice - made with proprietary gluten free flour blend including certified gluten free oats for oatmeal raisin cookie

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#### BOTTLED DRINKS

##### NATURAL BLUE SKY SODA 2.00

Lemon Lime, Black Cherry, Root Beer, Cola

##### ZEVIA SODA 2.50

Lemon Lime, Cola

##### TAO OF TEA 3.50

Gunpowder Mint, Osmanthus Oolong, Oregon Berry Black

##### OREGON RAIN BOTTLED WATER 2.00

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